

ART SHOW



THE SITUATION

Addiction has a negative impact on the person suffering, their family and those around them.

THE SOLUTION

You can put together your own Art Show – to express your feelings and to educate others on the consequences of substance abuse.

THE STEPS

1

INVOLVE OTHERS

- Get as many friends as you can to participate.
- Pick a date to collect all of the finished artwork.
- Tell friends who think they “can’t do art” that EVERYBODY can do this!
- Make the art with your friends. Creating together is often more fun.

2

MAKE A STATEMENT

- Create from your head: Research reasons why people use substances (Like stress or anger).
- Create from your heart: Make art that shows how you feel about addiction.
- Use whatever you have to make art: Pens, paint, crayons, wood... anything works!

3

SHOW YOUR COMMUNITY

- Ask United Way to help you display your Art Show (in your school, your church or another community setting).
- Take pictures and videos of the Art Show, and invite people to see your work.
- Send pictures and videos to United Way, and post your work on social media.

HAVE QUESTIONS? NEED HELP?

UNITED WAY CAN ASSIST YOU CALL: 203.757.9855



United Way
of Greater Waterbury