**3 Toolkits You Can Do to Support Others**

**Fun Upstarters® Activities!**

1. **Friendship Bracelets**
   - Even a quick pick-me-up can make a big difference in someone’s day. Make friendship bracelets that can be distributed to local homeless shelters, elderly homes and soup kitchens.

   **Here’s How:**
   - Search “how to make friendship bracelets” in a web browser.
   - Collect string, cord and other bracelet supplies.
   - Using all of your materials, and the techniques from the web search results, produce as many bracelets as possible.

2. **Tie Dye Shirts**
   - There are lots of people in our community who need basics like a clean article of clothing. Make tie dye shirts that can be distributed to individuals or families living in temporary housing shelters.

   **Here’s How:**
   - Search “how to make tie dye shirts” in a web browser.
   - Get new white cotton tee shirts, clothing dye and rubber bands.
   - Cover your working surface with tarps or plastic bags.
   - Create your tie dye shirts using the techniques from the web search results.

3. **Bookmarks**
   - For many people – especially younger kids – reading is all about confidence. Give fellow readers a boost of encouragement by creating custom bookmarks for them.

   **Here’s How:**
   - Collect markers, pencils, crayons, stickers and other art supplies.
   - Cut out the bookmarks and start decorating. Consider using online translation tools to create bookmarks in many languages!

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**Have Questions? Need Help?**

A Campership Counselor Can Assist You!

**Upstarters®** is an initiative that gives local youth exposure to the role they can play in addressing community needs. Rather than hoping that youth learn about volunteerism or philanthropy by the time they are adults, **Upstarters®** provides opportunities today. **Upstarters®** is focused on the future generation of United Way learning to lead now. Get involved at [UnitedWayGW.org/Upstarters](http://UnitedWayGW.org/Upstarters)