

WALK A MILE IN SOMEONE ELSE'S SHOES

VIRTUAL WALK: OCTOBER 18TH - 31ST



QUESTIONS TO START THE CONVERSATIONS

As you participate in United Way of Greater Waterbury's Virtual Walk a Mile in Someone Else's Shoes - consider using the following questions to engage in more meaningful conversation on your walk! Let it spark dialogue around your own experiences and learn about someone else's. Use the time you spend walking to learn, grow and engage with one another in a new way!

We encourage you to take pictures and videos of your walk and to share stories of how your experience was! Tag United Way of Greater Waterbury on social media and write in your stories to jcarlino@unitedwaygw.org!



ADULTS

- When was the last time you volunteered your time?
- What are you most thankful for?
- What recipes were always included at family celebrations when you were young?
- What are you most proud of accomplishing in the past year?
- What have you learned this past week?
- What's your favorite quote?
- Who has inspired you as a mentor?
- What kind of neighborhood did you grow up in?
- Which celebration from another culture would you like to have adopted here?
- What's your best story to tell at a dinner party?
- What would you prepare as your favorite meal for family and friends?
- What's your favorite celebratory meal?
- What smells make you nostalgic around the holiday season?
- How did you celebrate Thanksgiving as a child?
- If you could spend tomorrow doing anything you desired, what would you do?

KIDS

- What are you most thankful for?
- What was the highlight of your day today?
- What do you do for fun?

YOUTH

- What are you most thankful for?
- What was the highlight of your day today?
- What do you do for fun?
- Which song puts you in a good mood no matter what?
- What are the happiest smells of the holiday season?
- Who has served as your role model?
- What's your favorite dream about your future?
- If you could have any three people at a party, who would you choose?
- What's the last thing you celebrated?
- What brings you joy in good times and bad?
- What's your favorite celebratory meal?
- Which holiday is your favorite?
- What's your favorite dessert?
- Who or what is sure to make you laugh?
- What's your favorite Thanksgiving tradition?

WHAT WILL BE ON YOUR PLAYLIST AS YOU WALK?

We encourage you to walk with a family member, friend, colleague, neighbor, etc. but if you're looking to spend this time listening to music as well - here's a list of fun songs to listen to!

- You'll Never Walk Alone - Gerry & The Pacemakers
- I'm Gonna Be (500 Miles) - The Proclaimers
- Walking Man - James Taylor
- Take a Walk - Passion Pit
- Walk this Way - Run DMC & Aerosmith
- Walking on Sunshine - Katrina and the Waves
- Walking on the Sun - Smash Mouth
- I Can See Clearly Now (the Rain is Gone) - Johnny Nash